

Dilworth Pool Rules

1. Patrons must shower before entering pool.
2. Spitting and spouting water is not allowed.
3. **NO** food, drink or smoking allowed in the facility.
4. **NO** Pets allowed in the facility.
5. Muddy and dirty shoes are not allowed on deck.
6. Swimmers must wear appropriate swimming attire; no cut-off or jean shorts, no cotton shirts.
7. Swim diapers are required for children that are not toilet trained.
8. Patrons with open sores or rashes are not allowed in the pool.
9. Diving is only allowed off the diving board.
10. Obey Instructions of lifeguards.
11. Horseplay, such as running, splashing, shoving, or dunking is not allowed.
12. Children 8 years old & younger must be accompanied by a responsible person of at least 14 years old.
13. Daycare facilities; a ratio of 3:1 (adult) for children under 8 years of age and a ratio of 6:1 for children between the ages of 8-13, adult must be in the pool with the children.
14. Swimming is allowed only when lifeguards are on duty.
15. Profanity, improper behavior, or intoxication is not allowed.
16. Do not hang on, lift up or dive over safety rope.
17. Do not play by or on the ladders.
18. Do not gather around lifeguard stands or benches.
19. To enter the deep end, patrons must take and pass the deep end test.
20. Only one person is allowed on the diving board at a time.
21. Only one bounce on the diving board.
22. Jump or dive straight off the diving board.
23. **NO** running, (brief stop) then turning around and jumping off the diving board backwards.
(Acceptable: Single front/back flips or jumps from a standing position at the end of the board.)
24. Swim to the closest ladder immediately after entering the water from the diving board.
25. Wait to jump off the diving board until the person ahead of you has reached the ladder.
26. Patrons jumping off the boards may not have another person catch them in the water or jump onto a flotation device.
27. Front and back flips and front and back dives are restricted to the diving board.
28. **NO** snorkels or inflatable devices allowed.
29. A Parent or guardian must accompany young children in the water during family swim. Dangling feet in the water does not count.
30. A Parent or guardian must supervise their child in the baby pool area. **Children older than 8 years are not allowed in the baby pool or the baby pool fenced area.